WHAT IS A BODY HARMONY SESSION?
A Body Harmony Session is a PACKAGED Experience!
Sink deep into a 6 to 12 inch memory foam mattress. This is the comfort of the Body Harmony Instrument Bed™
Soothing music vibrates and resonates through your body at a cellular level, while surround-sound fills the room.

“No Talking ~ Just Relax ~ Don’t Lift a Finger”.
While pure Shea Butter is slowly “Drizzled” over your chest, “Dripped” around your neck, and “Drizzled” at your hairline, and then.......
“A-h-h-h” neck - shoulders - face - scalp s-l-o-w-l-y massaged.

Dead Sea Mud is gently painted onto your face and your head is shrouded with hot, moist, steamy towels. Your body is “Drizzle-bathed” in warm, melted Shea Butter...and massaged.

Dead Sea Salts are “Sprinkled” and your skin is gently scrubbed... EXFOLIATION!
Hot Moist, steamy towels are “Wrapped”
As butter and salts mingle and melt, rich minerals and nutrients are absorbed. Endorphins are released... EUPHORIA!

It's the most relaxing experience you've ever had.
With Body Harmony MASSAGE & STRESS RELIEF has a whole new meaning.
Private Room &bath • Robe and fun slippers • 100% Turbie Twist turban • Beverages • Chocolate Covered Strawberries

Body Harmony Specializes in Romance Sessions
Side by Side Session • Rose Petals on the Beds
Roses (Seasonal) Dark Chocolate Covered Strawberries
Dinner Catered (optional) The Most Romantic Atmosphere Around

Music from Within
Shea Butter “Drizzled”

Your Body Harmony Session is... All of this and more!

Body Harmony Instrument Bed
Music resonates from inside the bed ~ up through your body ~ while surround sound fills your room.

RELAX and go to your “Happy Place”
“S-h-h-h” No Talking
With Body Harmony MASSAGE & RELAXING has a whole new meaning
To learn much more about the positive effects of a Body Harmony Session and so much more about what we have to offer you,
We encourage you to visit our website at:

BodyHarmonyDaySpa.com
To Reserve your appointment call
580-236-7777 or 580-208-0448
OPEN 7 DAYS A WEEK
Inclusive 90 minute experience are scheduled at: 9:00 • 11:30 • 2:00 • 4:30

Body Harmony Day Spa
Is located 7 miles North of Broken Bow Oklahoma at Hochatown Junction Station off of Hwy 259 across from Beavers Bend State Park South Entrance

SESSIONS AVAILABLE
SINGLE
ROMANCE
MOTHER - DAUGHTER TIME
COUPLES (2 People per room)
BRIDAL PARTIES
GROUPS
(NO AGE LIMIT)
Product Discount to Body Harmony “Shea-Heads”